



The Regional Diabetes Mellitus Network meetings are initiated and organised by Wilmington Healthcare. These Events are supported by Napp through the provision of sponsorship. Takeda has also paid to attend. These companies have had no input into the design or content of the agenda, but will be present on the day.

DATE: Wednesday 26th September

VENUE: Holiday Inn Cambridge CB24 9PH

AGENDA

Chair: Professor Ian Macdonald – Professor of Metabolic Physiology, University of Nottingham

12.30 Registration, lunch and networking

13.15 Aims & objectives: **Oli Hudson – Content Director, Wilmington Healthcare**

13.25 Chair introduction: **Prof Ian Macdonald**

13.40 Introductory slot: **Peter Shorrick – Midlands and East of England Regional Head, Diabetes UK**

Session One: Transforming Prevention of T2D

14.00 National Diabetes Prevention Programme – digital progress report: **Ben McGough - Digital workstream lead, NHS Diabetes Programme**

14.15 Directed table discussions:

- *What is the uptake of DPP in your area for patients at highest risk of developing T2D?*
- *What are you doing to improve access for those in this group for whom DPP format/time commitment isn't possible?*
- *How are the positive health behaviour changes made after an individual has completed the initial DPP programme being sustained thereafter?*
- *Who else beyond primary care needs to be able to refer into DPP and how do we engage them as part of the wider STP/ICS diabetes plan?*

14.35 Panel Q+A/table feedback: Speakers and **Jane Young - Lead Diabetes Specialist Nurse, MEHT & PROVIDE**

15.00 Break and networking

Session Two: Transforming Management of T2D

15.15 NICE Update - Implementation tools and educational resources for patients with T2D: **Deborah O'Callaghan - NICE Associate Director Midlands and East**

This session will provide an update on NICE's work programme, including some products that you may be less aware of such as NICE indicators, pathways and quality standards. There will also be a brief overview of some of the practical tools and resources that are published alongside key diabetes guidelines including patient decision aids, endorsed e-learning resources and medicines advice guides to support safer insulin prescribing and medicines optimisation

15.30 Practical example of improving a diabetes pathway: **Jayne Mason, Senior Commissioning Officer, Castle Point & Rochford CCG and Southend CCG**

15.50 Directed table discussions:

- *In your local STP/ICS area, do you have clear clinical guidelines for managing T2D and how well monitored are they for adherence? How could this be improved, if so how?*
- *What ideas or innovations could you adopt/adapt to improve patient outcomes?*
- *Are there any additional stakeholders you need to work with to improve patients' T2D outcomes, if so who?*

16.20 Panel Q+A/table feedback: Speakers and **Jane Young**

16.40 Chair's summary, key actions: **Prof Ian Macdonald**

16.45 Meeting Close