



The Regional Mental Health Network meetings are initiated and organised by Wilmington Healthcare. These Events are supported by Sunovion and Janssen through the provision of sponsorship. Other companies may have also paid to attend. These companies have had no input into the design or content of the agenda, but will be present on the day.

DATE: Wednesday 19th September 2018 **VENUE:** Yew Lodge Hotel, Kegworth, DE74 2DF

AGENDA

Chair: Ifti Majid – Chief Executive, Derbyshire Healthcare NHS Foundation Trust

12.00 Registration, lunch and networking

12.45 Aims & objectives: **Paul Midgley – Director of NHS Insight, Wilmington Healthcare**

12.50 Chair introduction: **Ifti Majid**

13.00 NHS England - Developing community mental health services and older people's mental health/dementia: **Léa Renoux-Wood, NHS England Adult Mental Health Team**

Session One: Physical Healthcare in Severe Mental Illness

13.30 Update on the Bradford physical healthcare model: **Kate Dale – Physical Health Project Lead, Yorkshire and Humber AHSN and Bradford District Care NHS Foundation Trust**

13.50 Medications and physical health impact: **Dolly Sud – Mental Health Pharmacist, Leicester Partnership NHS Trust**

14.05 Directed table discussions:

- *What steps are we taking to increase the chances of patients with Psychosis/SMI being routinely screened and treated for any physical health conditions?*
- *What are we doing to reduce the risks of inducing physical health problems from our prescribing for SMI conditions?*
- *Who needs to be involved in ensuring physical health checks and management is systematically offered across all parts of the patient's journey, and how are we recording/auditing this?*
- *What progress have we made in the last 6 months and how can working across the STP/ICS help us continue to improve locally?*

14.25 Panel Q+A/table feedback: Speakers

14.45 Break and networking

15.00 Update from NICE – Mental Health resources and the new depression guidelines: **Jo McCormack - NICE Implementation Facilitator Midlands and East**

Session Two: Tackling Enduring Depression

15.20 Novel treatments for treatment resistant depression: **Professor Alex O'Neill-Kerr - Medical Director and Consultant Psychiatrist, Northamptonshire Healthcare NHS Foundation Trust**

15.40 Directed table discussions:

- *Do we have a register of patients with enduring/resistant depression?*
- *What are we doing to treat such patients currently, do we commission a specific service and if so where from? Do we know the outcomes this delivers, if so what are they?*
- *Who needs to be involved in developing a service spec to ensure an optimal recovery-focused service is offered to such patients and what are the success measures/KPIs?*
- *What progress have we made in the last 6 months and how can working across the STP/ICS help us continue to improve locally?*

16.05 Panel Q+A/table feedback: Speakers

16.25 Chair's summary and key actions: **Ifti Majid**

16.30 Meeting Close

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