



The Regional Diabetes Mellitus Network meetings are initiated and organised by Wilmington Healthcare. These Events are supported by Napp through the provision of sponsorship. Takeda has also paid to attend. These companies have had no input into the design or content of the agenda, but will be present on the day.

DATE: Tuesday 11th September

VENUE: Manor Hotel Meriden, Solihull CV7 7NH

AGENDA

Chair: Professor Ian Macdonald – Professor of Metabolic Physiology, University of Nottingham

12.30 Registration, lunch and networking

13.15 Aims & objectives: **Paul Midgley – Director of NHS Insight, Wilmington Healthcare**

13.20 Chair introduction: **Prof Ian Macdonald**

13.35 Patient perspective: **Tony Kelly – Local service user**

Tony will present a patient's perspective on key issues for preventing and treating T2 diabetes and the opportunities to do better in a more integrated system

13.45 NHSE update: TBC

Session One: Transforming Prevention of T2D

14.00 National Diabetes Prevention Programme – delivering the digital stream: **Diane Powell – Digital Lead, NHS Diabetes Programme Team**

14.15 Directed table discussions:

- *What is the uptake of DPP in your area for patients at highest risk of developing T2D?*
- *What are you doing to improve access for those in this group for whom DPP format/time commitment isn't possible?*
- *How are the positive health behaviour changes made after an individual has completed the initial DPP programme being sustained thereafter?*
- *Who else beyond primary care needs to be able to refer into DPP and how do we engage them as part of the wider STP/ICS diabetes plan?*

14.35 Panel Q+A/table feedback: Speakers

15.00 Break and networking

Session Two: Transforming Management of T2D

15.15 NICE Update – Resources to support prevention, detection and management of T2D: **Jo McCormack - NICE Implementation Facilitator Midlands and East**

This session will provide an overview of key NICE resources, including some products that you may be less aware of such as NICE STP resources, the new quality standard (QS167) in support of a population health management approach and shared learning examples. There will also be a brief overview of some of the practical tools and resources published alongside NICE guidance including patient decision aids, endorsed e-learning resources and medicines advice guides to support safer insulin prescribing and medicines optimisation

15.30 Practical example of improving a diabetes pathway: **Dr Sandip Ghosh - Consultant, University Hospitals Birmingham, NHS Foundation Trust**

15.50 Directed table discussions:

- *In your local STP/ICS area, do you have clear clinical guidelines for managing T2D and how well monitored are they for adherence? How could this be improved, if so how?*
- *What ideas or innovations could you adopt/adapt to improve patient outcomes?*
- *Are there any additional stakeholders you need to work with to improve patients' T2D outcomes, if so who?*

16.20 Panel Q+A/table feedback: Speakers

16.40 Chair's summary, key actions: **Prof Ian Macdonald**

16.45 Meeting Close

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